Working on the railroad

Ninth District railroads have invested heavily to increase capacity. But matching rail supply to demand remains a work in progress.

By PHIL DAVIES
Senior Writer

Thomas Walsh likens the freight rail network to a giant conveyor belt in a factory or warehouse. A smoothly running loop made up of a series of smaller links delivers parts or finished goods efficiently to their destinations, but “if you stop or slow the conveyor [at any point], you’re going to have problems all across the system,” said Walsh, president of Montana Rail Link (MRL),* a regional railroad based in Missoula, Mont.

Last year, the railroad conveyor in the Ninth District slowed markedly; freight moved haltingly, often making unscheduled stops and taking long detours to avoid bottlenecks. “Railroads in general, especially in the northern tier of the U.S., have really struggled with capacity over the last couple of years,” Walsh said.

But rail conditions can change rapidly, often unexpectedly. Over the winter, freight was flowing more freely than it had for much of last year, when farmers, oil companies, electric utilities and other shippers were complaining openly about poor service and higher freight costs.

Some rail customers, such as grain elevators shipping in small quantities and Amtrak passengers, were still frustrated by slow or inconsistent service. But there was a sense that the crisis had passed, with service returning to more normal levels. Compared with last fall, fewer trains were delayed, and fewer farmers were paying a premium for space on grain trains. A January survey of grain elevators in Minnesota, Nebraska and the Dakotas by a trade association for soybean shippers found that rail service had improved significantly since last fall.

One reason congestion eased was a seasonal drop in rail traffic; another was low crop prices, which induced many farmers to store their grain after the fall harvest rather than ship it to market. But robust


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railroad investment also played a role in reducing rail delays and costs. In 2014, railroads serving the district—primarily major railroads such as BNSF Railway and Canadian Pacific Railway, but also a number of regional and local railroads—spent hundreds of millions of dollars to expand their capacity by laying new track, acquiring additional rolling stock and hiring workers. Much of this investment occurred in North Dakota, whose thin rail infrastructure has been strained by swelling crude oil shipments over the past half-decade.

Just as a mile-long freight train takes a while to pick up speed, it can take months for such investments to raise overall service levels. Anthony Hatch, a railroad industry consultant based in New York City, sees concerted efforts to boost capacity as difficult to predict; many sources fretted they’re going to have a bigger impact every single day as more capacity is added. “Everybody increased their capital; everybody increased personnel,” he said. “Those people, those locomotives, that extra work are starting to have an impact today, and they’re going to have a bigger impact every single day as more capacity is added.”

However, future rail demand is difficult to predict; many sources fretted last winter that severe rail congestion would redevelop if grain shipments rose sharply in the spring. “I understand that farmers are waiting for a more favorable price climate, that’s natural,” said Mike Steenhoek, executive director of the Soy Transportation Coalition (STC). “But if and when they do sell, will rail be in a position to handle that?”

Matching railroad supply to demand in the region is likely to remain a work in progress for at least the next two years. The industry projects rising freight volume in a burgeoning U.S. economy this year. Continuing efforts to increase rail capacity in the district to accommodate that growth must cope with traffic disruptions caused by infrastructure projects as well as potential constraints on expansion. Those constraints include backlogged orders for new railcars and ongoing construction work, a backlog of orders for new railcars and proposed safety rules for tank cars.

Canadian Pacific’s rail yard in St. Paul is a major junction for trains carrying crude oil, grain and other commodities to destinations in the district and across the country.
Canadian Pacific workers lay siding track near Wyndmere, N.D.

Complicating any forecast of rail conditions this year is the outlook for crude oil production in the Bakken oilfields, which fell slightly in January. A sharp drop in the price of oil since last summer will likely curtail oil shipments, freeing up capacity for other commodities. But it’s not clear when this will occur and how much crude-by-rail volume will fall.

**Slow train coming**

Rail traffic has increased nationwide since the Great Recession, when shipments of all kinds of goods plummeted. Between 2010 and 2014, freight carried by major U.S. railroads rose 21 percent, according to data compiled by the Association of American Railroads (see Chart 1). Shipments of forest products, metallic ores and motor vehicles rose, and there was huge growth in petroleum products, including crude oil (Chart 2).

Last year, crude oil amounted to less than 3 percent of U.S. rail volume. But crude’s share of rail traffic has risen rapidly, and most of that growth has occurred in the Upper Midwest. From 2009 to 2014, crude oil production from the Bakken formation in North Dakota and Montana grew almost sixfold to about 1.2 million barrels a day. Because of limited pipeline capacity (see the April 2013 fedgazette), about 60 percent of that oil moves by rail, according to the North Dakota Pipeline Authority.

Crude-by-rail shipments on Canadian Pacific and BNSF—the major railroads directly serving the Bakken oilfields—have surged in recent years; last year, Canadian Pacific oil shipments rose 22 percent, and BNSF carloads of petroleum products increased 12 percent through October compared with the first 10 months of 2013. The two railroads’ lines spanning the Great Plains also carried increasing amounts of oil development-related materials such as drilling pipe, frac sand and cement.

Beginning in the fall of 2013, rising crude oil shipments contributed to widespread disruption in rail shipments across the region. Invoking the metaphor of the “perfect storm,” railroad executives pointed to a bumper corn and wheat harvest in the northern plains in 2013, and the bitter winter of 2013-14 as exacerbating factors in rail congestion that persisted through most of last year.

The backups affected shippers across the economic spectrum.

For farmers, rail problems meant slimmer profits. A University of Minnesota study found that rail delays cost Minnesota corn, soybean and wheat growers about $100 million in the spring of 2014. Reduced rail capacity raised shipping costs for elevators and food processors, which passed along those charges to farmers. Growers in northwestern Minnesota fared the worst because they have few shipping options besides rail. The region has no large rivers for barge transport, and “you can only go so far with a truck,” noted University of Minnesota grain marketing economist Edward Usset, who directed the study.

A contemporaneous North Dakota study indicated that crop producers lost roughly $67 million in revenue due to higher rail rates. Obliged to deliver grain to processors by a certain date, elevators faced with tardy trains bid up prices in the secondary market for shuttle train railcars—space on grain trains of 100 cars or more that is initially booked by large grain companies and traded among shippers (see Chart 3).

Slow rail service forced other shippers to adopt workarounds, often at higher cost. Last fall, delayed BNSF coal deliveries led Minnesota Power, an electric utility in northeastern Minnesota, to idle four coal-fired generators to conserve coal. To make up for reduced power generation, the utility bought $27 million in higher-priced electricity on the spot market. “We wanted to make sure that we had enough coal as we headed into the winter months, when prices on the market are even higher,” said Minnesota Power spokeswoman Amy Rutledge.

As a result, the state’s iron mines, which are heavy electricity users, bore an estimated $8 million in extra power costs. And last October, erratic BNSF rail service prompted Hibbing Taconite to take the expensive step of hauling taconite pellets by truck to Duluth-Superior Harbor to supply steel makers on the lower Great Lakes.

Rail congestion also sowed havoc for Amtrak passenger trains, which run on routes owned by freight railroads. In fiscal 2014, ridership on the Empire Builder train from Chicago to Seattle fell 19 percent. In an attempt to bypass congestion, Amtrak diverted the west-bound Empire Builder onto an alternate BNSF line, dropping stops at Grand Forks, Devils Lake and Rugby, N.D.

In October, after a series of public hearings about rail service problems, the U.S. Surface Transportation Board (STB) declared that “service disruptions have hindered nearly all carriers” and ordered major railroads to submit detailed weekly reports on their on-time performance.

**Sweating the assets**

Public furor over intense congestion came after freight railroads had already started to ramp up their capital investments to cope with increased traffic. Last year, the railroads redoubled their efforts to improve service.

Of the four major (or Class 1) railroads serving the district (see map, pages 4-5), BNSF has invested the most in tackling...
Battling backups

Railroad capacity improvement projects in the Ninth District

Source: Railroad communications and interviews
Expansion of Dickinson terminal to accommodate more freight

Installation of CTC signal system to expedite train movement

Construction of sidings to allow passing of trains on single mainline

Double tracking and signal improvements at La Crosse terminal

CTC signals and track crossovers

Laying double track between Minneapolis and St. Paul to reduce delays

RRV&W

Track upgrade to accommodate shuttle trains

One new passing siding and six siding extensions

55 miles of second mainline track to expand capacity in the oil patch

New segment of double track to increase capacity

Installation of CTC 129 miles to Canadian border at Portal

Installation of CTC 67 miles of CTC installed

CTC installation and laying of double track

CTC installation

Installation of 119 miles of CTC

Extension of three passing sidings for trains

Trains rerouted between Minneapolis and St. Paul to reduce delays

MAP KEY

Freight rail lines*

BLUES = projects completed 2013-14

REDS = projects to be completed 2015-16

CTCs = centralized traffic control

* Mainlines of major railroads, and selected regional and short-line railroads
rail delays. Across its 28-state network, BNSF spent $5.5 billion maintaining and enhancing its physical assets last year—a record amount of capital investment by the company, for the third year running. Capital spending included $1.6 billion to add more than 600 engines to its locomotive fleet and buy or renew leases on 5,000 railcars.

“BNSF is way ahead [of other railroads] there,” said David Vernon, a railroad industry analyst at Sanford C. Bernstein & Co. in New York. “They’re spending a huge amount of capital right now to add resources to the network and bring service levels back up.”

Canadian Pacific, a smaller railroad whose trains carry a lot of oil produced in western Canada, spent an estimated $1.3 billion on its North American network in 2014, slightly more than the year before.

BNSF and Canadian Pacific can afford large outlays for maintenance and expansion—for both railroads, at least 20 percent of revenue in 2014—because of rising freight revenues and healthy profits. Last year, Canadian Pacific’s sales increased 8 percent to an all-time high of $6.6 billion, yielding record earnings per share.

Belying the image of trains as 19th century “iron horse” technology, much of recent capital spending by railroads has gone toward centralized traffic control and other technology designed to move trains more efficiently and safely (see “Not so old-school” and “Beyond the iron horse,” page 8).

Canadian Pacific has emphasized making the most of its existing rolling stock rather than acquiring more locomotives and railcars, which can worsen congestion. “If you’re on a freeway, and things are jammed up, the last thing you want to do is put more cars on the road,” said John Brooks, vice president of marketing and sales for the railroad’s bulk business. “Job one is to sweat the assets and create as much velocity as we can in the infrastructure we have.”

Rail congestion over the past two years was less serious on the Union Pacific Railroad and Canadian National Railway. In the district, these Class 1 railroads serve areas of the district that lie outside main rail corridors for crude oil. But over the past three years, Omaha-based Union Pacific has invested in additional capacity to handle rising frac sand shipments from mines (see the July 2012 fedgazette) in Minnesota and Wisconsin. Last year, the railroad spent $150 million on new sidings, signaling systems and other capacity improvements in the two states.

In addition to investing in capital, district Class 1 railroads have built up their railroads in order to move more railcars and cope with logjams when they occur. Last year, Canadian Pacific hired 170 train and engine employees in North Dakota and added another 70 in Minnesota. Union Pacific hired an additional 86 workers in Wisconsin and Minnesota in 2014.

Historically, railroads have had little trouble attracting workers, unionized train and yard crews receive generous wages and benefits. But hiring has been difficult in North Dakota because of very low unemployment and high wages in the oil industry. To recruit workers in the state, Canadian Pacific has offered signing bonuses and provided free accommodations to new hires for up to six months.

Calm before the storm?

Service on the Ninth District rail system improved considerably over the winter. Data on railroad performance in district states are scant; for the most part, metrics like average train speed and station wait times apply to railroads’ entire operations, not to specific areas of their networks. However, STB-on-time performance reports show that in North Dakota, fewer railcars were arriving late to their destination after the first of the year (see Chart 4).

Bids for shuttle train cars on BNSF’s secondary market provide further evidence for an easing of congestion; offers began a steep downward slide in November.

In the farm sector, complaints about poor rail service ebbed as the weather grew colder. In the STC’s January survey, 42 elevators canvassed said that shuttle train cycle times—the number of turns per month between origin and destination—were faster than a year ago. In early November, only 67 percent of elevators reported quicker turnaround. In addition, the January survey shows the number of elevators reporting late railcars had halved over the past two months. Some of this easing can be attributed to seasonal fluctuations in traffic. Typically, rail shipments of commodities such as grain, coal and metal ores drop during the winter months. Last winter, low crop prices accentuated this dip by keeping hundreds of millions of bushels of crops in storage after the fall harvest.

Certainly one of the reasons rail service has been better than expected thus far with the 2014 harvest has been the fact that farmers have been storing a considerable amount of grain, particularly corn, and so that has resulted in less of a surge on the rail network,” said Steenhoek of the STC.

But efforts to increase capacity by railroads big and small likely contributed to freer flowing traffic. Rail service in the district improved despite a year-over-year increase in U.S. rail volume and heavy traffic on some parts of the system. In December, despite near-record freight volumes for the company, train speeds on the MRL network were 17 percent higher year-over-year for some types of traffic, Walsh said.

However, for some rail users, trains still weren’t moving fast enough last winter. According to the STB, North Dakota was still seeing consistently more late grain cars than other district states. In North Dakota and in Minnesota, grain elevators complained that relatively short trains carrying mixed cargoes weren’t as punctual as grain-only shuttle trains. Over 70 percent of grain shipments in those states are loaded on shuttle trains that travel point-to-point over long distances, often to West Coast ports. These long trains are more efficient to operate than mixed-freight trains, which typically wind their way through multiple terminals to deliver their goods.

“The railroads are focusing on doing a better a job on those shuttles,” said Uset of the University of Minnesota. “Lost in that effort is people who ship these smaller five-car, 10-car trains; their service is not quite as good.”

Coal-fired power plants in the district had adequate coal stockpiles last winter, but continued concern by Minnesota Power and other plants about inconsistent deliveries prompted the STB in January to order BNSF to submit a plan for keeping coal flowing to power plants in Minnesota and other states.

Steenhoek and several other sources suggested that the rail system’s greater fluidity over the winter was merely a respite from congestion, that rising traffic in the spring would again stress rail networks...
The little railroads that could

In any network, main arteries carry the bulk of the load, but smaller branches and capillaries share that load, distributing it to and from outlying parts of the system. In the Ninth District’s rail network, about two dozen smaller railroads transport goods within limited service areas and link up with the major railroads for long-haul deliveries.

Because regional and short-line railroads tie into a nationwide rail network, traffic slows for them when congestion strikes major railroads. Conversely, back-ups on railroads serving smaller territories can contribute to delays on the major railroads.

Montana Rail Link, a regional railroad operating in Montana, Idaho and Washington state, connects with BNSF Railway at Helena and Laurel, Mont., and several other points along its 900 miles of track. MRL President Tom Walsh said the railroad probably lost business in 2014 as customers frustrated with delays and higher shipping costs on the BNSF-MRL network sought other outlets for their goods.

In hopes of alleviating or preventing congestion in their parts of the rail network, the district’s smaller freight railroads have made their own investments in infrastructure, equipment and people. MRL’s recent investments mirror those made by BNSF, albeit on a much smaller scale: “We, both BNSF and Montana Rail Link, have been working real hard to figure out how to crack this congestion problem, how not to let this happen,” Walsh said.

Last year, MRL spent $50 million to add sidings on its mostly single-track mainline, reconfigure train yards and add four locomotives to its fleet. The company has also increased its employee headcount by 20 percent over the past two years, to about 1,100. “That’s a big jump for a little company like ours,” Walsh said. Most of the new hires were train crews—locomotive engineers and train conductors.

Other smaller railroads in the district that have increased spending to accommodate increasing volume and battle backups include Twin Cities & Western Railroad and Red River Valley & Western Railroad.

Last summer, Twin Cities & Western, a short-line railroad with over 200 miles of track extending west from the metro area into South Dakota, hired five additional crews to help shepherd trains through bottleneck conditions to connect with more fluid lines on the Union Pacific Railroad. “Because of that, we were able to keep the trains moving,” said TC&W President Mark Wegner.

The railroad also upgraded track, constructed a new passing siding and leased an additional 100 railcars in 2014, and this year plans to repair a bridge over the Minnesota River to gain direct access to barge terminals.

Red River Valley & Western, a short-line operating mostly in northern Minnesota in 2014, is upgrading 37 miles of track west of Davenport, N.D., this summer. The $14 million project, the biggest infrastructure investment in the company’s 28-year history, will allow that section of track to handle BNSF shuttle trains, increasing capacity—and revenue—for both Red River Valley and BNSF.

—Phil Davies

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with little capacity to spare. Whether or not crop prices rally, large amounts of crops are expected to come out of storage and head to market via rail, piling onto a seasonal rise in overall freight volume.

Walsh said that MRL and other railroads would be ready for a spring surge in traffic if it came. “There probably will be some frustration, but I think the railroads are more equipped than ever to handle that new business,” he said. “We’ve invested so much in people, power and infrastructure over this last year that we’re better equipped to handle it.”

Nevertheless, it’s clear that the railroads see more expansion work to be done in the district. This year, BNSF planned to spend $1.5 billion in northern states, including $326 million in North Dakota and $124 million in Montana, on maintenance and line expansion projects. Slated work included laying more double track through the Bakken oilfields; expanding a terminal in Dickinson, N.D.; and installing centralized traffic control on extensive stretches of track in central Minnesota and eastern North Dakota.

The improvements are needed to handle anticipated higher shipments in a resurgent national economy, said BNSF Executive Chairman Matthew Rose. “We’re expecting big growth this year. [Expanding capacity] is not only to relieve bottlenecks, it’s also to handle the additional units we believe we’re going to get from the marketplace.”

Canadian Pacific, also expecting increased freight demand, planned roughly $1.5 billion in capital spending on its North American network this year. Over $100 million was earmarked for new sidings, siding extensions and technology upgrades along the line from the Twin Cities to the Canadian border.

Painful medicine

For all the new and improved infrastructure, hiring and other investments that railroads have made and plan to make, industry analysts expect traffic slowdowns and snarls to persist in parts of the rail network as railroads continue their efforts to increase capacity.

Like construction on a busy highway, expansion projects impede traffic, reducing capacity until work is complete. Hatch, the New York railroad consultant, visited North Dakota last summer and witnessed the upheaval on BNSF’s mainline as crews labored to lay a second main track and build sidings amid huge piles of new rail, ties and gravel. “You saw the problem and the solution, but the solution is a slow process,” he said. “In many ways, the cure is tough on the patient.”

The railroads face other constraints on meeting freight demand. For example, railcar supply is also affected by new federal regulations for railcars used to transport flammable liquids such as crude oil, gasoline and ethanol. These regulations will likely constrain tank car supplies as current models are retired or taken out of service for modifications. The U.S. Department of Transportation has proposed implementing the regulations in 2016; the railroad industry has asked for more time.

In addition, railroads face a federal mandate to implement positive train control (PTC) technology to avert train collisions and derailments by year’s end. Particularly for smaller railroads, spending on PTC will divert resources from maintenance and expansion projects. “The costs are significant,” said Mark Wegner, president of Glencoe, who would love to have more cars today, and they’re not going to get them because of the backlog,” he said. Demand has increased prices for most types of new railcars about 25 percent since 2010.

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Minn.-based Twin Cities & Western Railroad. “[PTC] is going to play a large role in what we invest in our infrastructure.”

Numerous improvements by railroads might prove insufficient for some customers. Grain elevators may still have to compete for space on freight trains with coal mines, oil producers and other shippers, especially during the fall harvest. Rail service is likely to remain slower and less reliable for small-volume shippers because railroads will continue to allocate more resources to operating shuttle trains and other long trains dedicated to a single commodity.

But railways are reluctant to add unnecessary capacity—to lay more track, buy more equipment or hire more workers than demand justifies—because idle assets weigh upon their balance sheets. During and after the Great Recession, weak freight demand led railroads to mothball locomotives, sideline or scrap railcars, and lay off thousands of workers.

Railroads aim to satisfy most customers most of the time, aware that their projections of demand may miss the mark if market conditions change. “If we had perfect demand forecasting, running a railroad would be really easy,” said Rose of BNSF. “The reality is that we don’t; markets are dynamic; [demand for] these commodities is all driven by world markets.”

Crude oil is a case in point. Just as low crop prices reduced crop shipments last fall, the rapid drop in the price of oil in recent months is likely to cut crude-by-rail shipments from the Bakken oilfields and Canadian oil sands. In January, North Dakota oil production fell to just under 1.2 million barrels per day, according to the state Department of Mineral Resources. If oil prices remain depressed, “you have to see some drop-off in oil shipments, and that’ll free up capacity,” said Rose. Fewer black tank cars on the rails would also make room for other commodities such as ethanol, coal, chemicals and metal ores.

However, future oil prices are uncertain; a rebound could stimulate oil production on both sides of the border and increase demand for tank car and track capacity in the district.

In coming months, railroads will be watching the price of oil, along with a multitude of other factors that affect rail demand. They want to avoid a reprise of the scheduling hitches and breakdowns that afflicted rail service in the district for much of the past two years. “We know that when we get into an issue with congestion, the cost of that congestion is very high, and quite frankly we miss market opportunities,” Rose said.

So do thousands of businesses in the district when the train fails to reach its destination on time.

—Research Analyst Dulguun Batbold contributed data research to this article.

Not your father’s railroad
Rail expansion efforts include spending on innovations that make freight trains safer and more efficient

For over a century, the technology required to build and operate a freight railroad was fairly simple. You needed railcars to carry various types of commodities, locomotives to pull them and track for trains to run on. Over the decades, railroads introduced innovations such as diesel locomotives, which displaced steam power in the 1950s; the use of remotely controlled auxiliary locomotives to help propel long trains; and radio communication to direct traffic on rail networks.

But many advances in railroad technology are relatively recent, introduced over the past decade and a half in response to government regulations and competition from the long-haul trucking industry. In addition to investing massively in basic equipment and infrastructure, Ninth District railroads are spending heavily to implement new technologies that make rail transport safer and more efficient. Some of these technologies increase network capacity by speeding up trains and reducing delays and service disruptions.

“Railroads often aren’t thought of as being very technological, but in terms of information power and diagnostic power and motive power, they’re world leaders,” said Anthony Hatch, a railroad industry consultant.

Major railroads have responded to rising traffic volume and congestion on some routes by installing centralized traffic control (CTC), a train signaling system that puts a central dispatcher in charge of routing actions previously performed by train crews. With the click of a mouse, the dispatcher remotely controls signals and powered switches next to the rail line. CTC supports higher train speeds and helps to avoid last time and accidents due to misrouted trains.

Canadian Pacific’s 2014-16 capital plan calls for over $30 million to be spent on installing CTC along the mainline between Glenwood, Minn., and Portal, N.D., on the Canadian border. This year, BSNF planned to continue deploying CTC on routes linking Minot and Bismarck, N.D., to eastern North Dakota and the Twin Cities.

Under federal law, major freight railroads must also implement positive train control (PTC) by the end of the year. The main purpose of these satellite-controlled signal systems is safety; PTC is intended to prevent train collisions, and derailments such as a recent fiery crash in West Virginia by a train carrying Bakken crude oil. But the technology also confers business benefits—for example, allowing trains to follow more closely and enabling dispatchers to respond quicker to traffic disruptions.

Last year, BNSF spent about $200 million installing PTC in the district and elsewhere on its network and plans a similar outlay this year. Twin Cities & Western Railroad, a short-line railroad spanning southern Minnesota, will spend at least $500,000—almost one quarter of its capital budget—to implement PTC this year on stretches of Twin Cities track at BNSF’s request.

Other technological innovations not specific to the district implemented by railroads include:

• Fuel-efficient locomotives. In 2013, U.S. railroads moved a ton of freight an average of 473 miles per gallon of fuel, according to the Association of American Railroads. The fuel efficiency of heavy-haul diesel locomotives has steadily improved over the past 15 years, and because of more stringent federal environmental rules, they also emit less soot, nitrous oxide and other pollutants than older models. Railroads also conserve fuel by cutting idling time with automated shutdown and startup systems, and assembling trains more efficiently with the aid of computers.

• Track and railcar inspection devices. On-track inspection vehicles use ultrasonic and optical instruments to check track alignment and look for internal defects in rails caused by the continual impact of train wheels or extreme temperatures. Railroads also deploy wayside acoustic detector systems that listen for the sound of damaged wheels, overheated bearings, dragging hoses and other problems with railcars. Defective railcars are tagged in a computer database and routed to repair shops, averting breakdowns that delay trains.

• Advanced demand forecasting. Major railroads develop computer models to predict long- and short-term freight demand based on factors such as regional and national economic conditions, market forecasts for various commodities, seasonal fluctuations in volumes and the production outlook for specific industries. But the science of demand forecasting is still imperfect. Hatch said that BNSF and other railroads failed to anticipate the impact of burgeoning crude-by-rail shipments on their networks. “[Demand forecasting is] incredibly sophisticated, but it can still fail if you drop a brand new, billion-dollar business into North Dakota.”

—Phil Davies